

# 8 Rocks

DELI & WINE

**8 Rocks Deli & Wine** opened in July 2017. We quickly attracted a discerning clientele in search of the finest, freshest foods and outstanding coffee. Our carefully sourced suppliers, are now our very good friends: the Goldstein family for exquisite smoked salmon, coffee to-die-for from John Street Beverage (suppliers to The Ivy and Sexy Fish), perfect bagels from Shalom Hot Bagels and scrummy sausages from Dingley Dell Farm, whose bangers are good enough for Michel Roux and Hakkasan!

We noted the scarcity of proper wine on the High Road and drafted in my former colleague and friend, Richard Rotti, who knows a thing or two about vino having crafted the wine lists at Annabel's, Harry's Bar, Scotts and Le Caprice. Richard and I have carefully selected some exciting bottles, with an eye on value. Many are organic and from sustainably farmed vineyards, made by impassioned winemakers who wear their heart on their sleeve. These are bottles that will leave a smile on your face.

A little about me. I came to these shores in 2004 and worked 12 years at The Ivy, until Loughton's calling. It was a great experience, one which taught me the essence of hospitality and more. It was a privilege to work under the tutelage of industry legend Fernando Peire, as I rose to Assistant Restaurant Manager; hospitality runs through his blood and now mine!

Our wines are available online at [www.8rocks.co.uk/shop](http://www.8rocks.co.uk/shop)



**Welcome!**

**Vik Gubskis, proud patron of 8 Rocks!**

## WINE LIST

### **Champagne and Sparkling Wine**

750ml

- Cantina Bernardi, Refrontolo, **Prosecco** Frizzante NV Veneto, Italy £13.00  
*Delicious, easy drinking lightly sparkling style of Prosecco, ideal as an aperitif and can be paired with all courses of a meal.*
- Dominio de Tharsys, Cava Brut Rosado NV Spain **Organic** £13.25  
*This Cava has a delicate and creamy taste with fine bubbles in mouth that leaves a nice silky sensation.*
- Roc' Ambulle, Domaine le Roc, **Sparkling Rosé**, NV France £15.75  
*Method Ancestrale, zero sulphur added, only 9.5% ABV.*
- Prosecco 'Il Colle' NV, Treviso Brut, Veneto, Italy **Sustainable** £15.95  
*A lovely mouthfeel, dry but fruity; the UK's favourite fizz.*
- Three Squirrels, Hazel End Vineyard, **Bishop's Stortford** 2014 England £19.50  
*Real gem from our doorstep, very refreshing and enticing.*
- Bugey-Cerdon 'Méthode Ancestrale' **Rosé** Renardat Fache 2018 France **Organic** £21.00  
*NB off-dry, low alcohol, pink sparkling wine*
- Davenport Vineyards, Pet Nat 2016 East Sussex **Organic** £25.00  
*Petillant (gently sparkling), fresh floral and white peach aromas, very clean and refreshing.*
- Jean-Paul Deville, `Carte Noir` Brut NV **Champagne** £31.50  
*Would be a great accompaniment throughout the meal, perfect with seafood particularly Rock Oysters.*
- Michel Gonet, Extra Brut **Blanc de Blancs** 'Les 3 Terroirs' 2010 Champagne £36.00  
*combination of weight, texture and verve that betters many much more expensive Grand Marques.*
- Les Vertus d'Elise 'Cuvée Nina' Rosé Brut NV Champagne, **Sustainable** £37.00  
*Round and fruity with great depth yet fresh and elegant at the same time.*
- Charles Palmer, Brut Rosé 2015 East Sussex, **Sustainable** £39.00  
*Mulled flavours and soft tannins. Mid-level acidity with long creamy finish.*
- Alexandre Filaine Cuvée Spéciale NV, Champagne, **Organic, not certified** £40.00  
*Fresh green apple, yellow pear, dry finish with an elegant creaminess.*
- Lilbert **Grand Cru** Blanc de Blancs Brut nv, Champagne, **Organic, not certified** £45.00  
*Taut, steely Chardonnay, a precise structure and amazing length.*
- André Beaufort** 'Ambonnay' Grand Cru Rosé NV Champagne, **Organic** £70.00  
*Heavenly Grand Cru level rosé offering tonnes of depth.*

### **Rosé Wine**

750ml

- Garnacha Rosado**, Clos del Pinell, Terra Alta 2016 Spain £10.95  
*Aromas of ripe, juicy red fruits and minerals. A humble yet delicious wine made with great care and attention to detail.*
- Tremendus Clarete, Bodegas Honorio Rubio, **La Rioja Alta** 2018 Spain £11.50  
*Iberian equivalent to a Provencal pink.*
- Coteaux Varois, Château d'Ollières, Provence 2019 France **Organic** £14.50  
*Excellent value - very pure, very crisp, very refreshing - Provence at its best.*
- Château Hermitage Saint-Martin, Cuvee Enzo Rose Provence 2018 France **Organic** £19.00  
*The palate is ample, elegant, fruity and mineral.*

## **Magnums**

1500ml

Drink Me, Niepoort, Douro 2013 Portugal <b>Organic (uncertified)</b>	<b>Red</b>	£33.00
<i>A very vivid ruby colour, with ripe blackberry and smooth tannins.</i>		
Coteaux Varois, Château d'Ollières, Provence 2019 France <b>Organic</b>	<b>Rosé</b>	£34.00
<i>Excellent value - very pure, very crisp, very refreshing - Provence at its best.</i>		
Gavi del Comune di Gavi, Black Label La Mesma, Piedmont 2009 Italy <b>Organic</b>		£44.00
<i>The Rosina sisters make one of the best expressions of the Cortese grape in Gavi – delicious.</i>		
Vire-Clesse 'Quintaine', Burgundy 2014 France, <b>Sustainable</b>	<b>White</b>	£55.00
<i>Voluptuous, rich, a velvety succulence, with a fruit/mineral tension that gives it an ethereal quality.</i>		
Gyejacquot Tradition, Brut NV	<b>Champagne</b>	£64.00
<i>From buttery brioche to baked apple and toast.</i>		
Gewurztraminer Saralee Vineyard, Joseph Swan 2017 California, <b>Biodynamic, White</b>		£68.00
<i>Dry, with zero residual sugar. Textured and creamy with heightened acidity, it has a touch of honey on the lengthy finish.</i>		
Gevrey-Chambertin Louis Boillot, Burgundy 2014 France, <b>Organic</b>	<b>Red</b>	£99.00
<i>Pomegranate, cassis, great energy and an earthy minerality.</i>		

## **White Wine**

750ml

Hazel End Bacchus Dry, <b>Bishop's Stortford</b> 2015 England		£10.00
<i>Very clean and crisp with well-balanced acidity and very refreshing on the palate like green apple and elderflower.</i>		
Naciente Sauvignon Blanc, Valle del Maule 2019 Chile		£10.35
<i>White-fleshed peaches and pears harmoniously combine with wild flowers and an herbal touch.</i>		
Quinta do Ermizio 'Chin Chin', Vinho Verde 2019 Portugal, <b>Sustainable</b>		£10.50
<i>Light and citrusy with that trademark spritz, it's everything you need for your go-to everyday drinker.</i>		
<b>Gran Cerdo Blanco</b> , Rioja 2017 Spain <b>Organic uncertified</b>		£10.50
<i>Pale in colour, very fresh with a good 'green apple' acidity from the Viura grape (80%).</i>		
Good Hope <b>Chenin Blanc</b> , Stellenbosch 2018 South Africa		£10.75
<i>Wonderfully lively, intense, fruity and beautifully balanced dry Chenin Blanc.</i>		
Garnacha Blanca, Clos del Pinell, Terra Alta 2016 Spain		£10.95
<i>Aromas of ripe white fruit and minerals. Creamy, fresh and very seductive.</i>		
Picpoul de Pinet, Grange de Rocs, Languedoc 2018 France, <b>Culture raisonnée</b>		£11.50
<i>Crisp, herbal and slightly buttery – very easy to drink indeed.</i>		
Folle Blanche, Domaine Luneau-Papin, Nantais 2017 France <b>Organic</b>		£12.75
<i>A touch of prickliness from the lees and a crisp, lemony finish.</i>		
Trebbiano d'Abruzzo 'Sirio', San Lorenzo, Abruzzo 2017 Italy <b>Sustainable</b>		£13.25
<i>Aromas of ripe peach, pear and mineral notes. Fresh, dry and savoury finish on a palate.</i>		
Reverte Garnacha Blanca, Vinicola Corellana, Navarra 2016 Spain <b>Organic (uncertified)</b>		£13.50
<i>Ideal with fresh pasta, rice dishes, lemon and herb seasoned poultry.</i>		
Bianco di Chardonnay, Agricola Raval, Lake Garda, Veneto 2019 Italy <b>Sustainable</b>		£13.95
<i>A refined, elegant and fruity Chardonnay with a defined mineral edge.</i>		
Pinot Grigio 'Il Tasso', Coser, Collio 2018 Italy <b>Sustainable</b>		£14.50
<i>A classic Pinot Grigio with clean, precise fruit flavours.</i>		

## White Wine continued

750ml

Wingspan Sauvignon Blanc, Wollaston Wines 2014 New Zealand <b>Organic (uncertified)</b> <i>A very rare find: a mature glass of Kiwi Sauvignon Blanc.</i>	£14.75
Ciù Ciù Le Merlettaie Bianco Pecorino, Ascoli Piceno 2017 Italy <b>Organic</b> <i>The Pecorino is greeny-yellow and has a pleasant floral nose with clean, refined aromas of banana, apple, hazelnut and plum.</i>	£14.75
Château Grand Bireau (Sauvignon blend) Bordeaux 2018 France <b>Organic</b> <i>10% Muscadelle, 30% Sauvignon Gris, 30% Sémillon, 30% Sauvignon Blanc – styled like wine from the French Jura.</i>	£15.00
Grüner Veltliner 'Terrassen', Ehmoser, Wagram 2018 Austria <b>Sustainable</b> <i>White florals, stone fruit, fresh and mineral with a very long finish.</i>	£15.25
'Te Whare Ra', Sauvignon Blanc, Marlborough 2019 New Zealand <b>Organic</b> <i>Light straw colour and a very appealing, fragrant bouquet of gooseberry, fresh herbs and passionfruit.</i>	£16.00
Grüner Handcrafted, M & A Arndorfer, Strassertal 2018 Austria <b>Sustainable</b> <i>The palate is rich with fleshy fruit and good acidity, fresh herbs, flowers and light pepper tones.</i>	£16.00
Gavi del Comune di Gavi, La Mesma, Piedmont 2018 Italy <b>Organic</b> <i>The Rosina sisters make one of the best expressions of the Cortese grape in Gavi – delicious.</i>	£16.25
Traminer Aromatico, Vigna del Lauro, Friuli 2018 Italy <b>Sustainable</b> <i>Rose petal and herbal notes. Dry, yet soft and easy, with a nice spicy uplift.</i>	£16.50
Erdener Treppchen <b>Riesling</b> Kabinett, Meulenhof, Mosel 2016 Germany <b>Sustainable</b> <i>This off-dry Riesling is a pure delight in the glass.</i>	£16.75
Bourgogne <b>Aligoté</b> , Les Petits Poirers, Chavy-Chouet, Côte-d'or 2018 France, <b>Sustainable</b> <i>Delicious, elegant Aligoté, why not add a touch of cassis to make a perfect Kir.</i>	£17.00
<b>Albarino</b> 'Leira Revero', Bodegas Pascual, Rias Baixas 2018 Spain <b>Sustainable</b> <i>Crisp, medium bodied, with lime and lemon zest notes, perfectly balanced and very enticing.</i>	£17.00
Meggiolaro Garganega, 'Saro' Veneto 2015 Italy <b>Sustainable</b> <i>Wild yellow plums, a hint of mango, fills a generous mid-palate.</i>	£17.50
Limney Horsmonden, Davenport Vineyards, <b>East Sussex</b> 2017 England <b>Organic</b> <i>Bone dry with aromatic peach and floral fruit and a background of yeasty flavour.</i>	£19.00
Kallstadter Saumagen <b>Riesling Kabinett</b> Trocken, Koehler-Ruprecht, Pfalz 2016 Germany <i>As Frank Cornelissen once said: "That is one of the best white wines in the world."</i>	£19.50
Saumur Blanc ( <b>Chenin Blanc</b> ), 'Clos de Midi', Château de Brézè, Loire 2018 France <b>Organic</b> <i>An enervating, uplifting and charming Chenin from Arnaud Lambert.</i>	£19.50
Terra Nera 'old vine' <b>Assyrtiko</b> , Artemis Karamolegos, Santorini 2017 Greece <b>Sustainable</b> <i>Assyrtiko is the new darling of the 'fooderati'. Vivid, dry, fresh - terroir driven with a unique volcanic stone after-taste.</i>	£20.50
Sancerre 'Dolium', Domaine Bizet, Loire 2017 France <b>Sustainable</b> <i>Received 3 stars from France's prestigious 'Guide Hachette'- the very highest honour. Sublime expression of Sauvignon Blanc.</i>	£21.00
Apremont 'Vielle Vignes' Traditionnelle, Savoie 2016 France <b>Sustainable</b> <i>Refreshingly tart and edged with salinity, which displays appetising length.</i>	£21.00
Chablis <i>villages</i> , Chaudes Ecuilles, Yonne 2016 France <b>Sustainable</b> <i>Displays the classic minerality of the Kimmeridgian soils of the area, benchmark Chablis.</i>	£21.50
Macon-Fuissé 'Bois de la Croix', Christophe Thibert, <b>Burgundy</b> 2018 France <i>Cool yet rich aromas of golden apple, crushed mint and grilled nuts</i>	£22.50

## White Wine continued

750ml

- Le Clot de l'Origine, L'Original Blanc, Macabeo, Roussillon 2015 France **Biodynamic** £23.00  
*Full, zesty, dry, wild fennel and orange peel*
- White Wine of Malgas, Sijnn Wines, Malgas 2017 South Africa, **Biodynamic** £26.00  
*A Fitting wine to celebrate the 10<sup>th</sup> white vintage.*
- Chablis Premier Cru 'Vaillons', Chaude Ecuelle, Yonne 2014 France **Sustainable** £26.50  
*Flinty, mineral and herbal notes. A perfectly balanced and elegant 1er Cru.*
- Pouilly-Fuissé 'Les Chevières', Dominique Cornin, Burgundy 2013 France **Biodynamic** £35.00  
*A gentle yet generous expression of the Chardonnay grape; pure class.*
- Felton Road Chardonnay, 'Bannockburn' 2015 New Zealand **Biodynamic** £36.00  
*Felton Road is a legend in NZ wine. With a nod to the old world, this balances the purity of Burgundy with strong Kiwi accents.*

## Red Wine

750ml

- Albizu **Tempranillo**, Viña Albergada, Rioja Alavesa 2018 Spain £8.50  
*Very soft, juicy and approachable, nice and round.*
- Château du Cèdre, Camille Malbec, Cahors 2018 France **Organic** £10.50  
*Very round and soft on the palate with great fruit intensity reminding of blackberries and small red fruits.*
- Ciù Ciù Bacchus Rosso, Ascoli Piceno 2019 Italy **Organic** £11.50  
*Delightful - strawberry, Morello cherry and liquorice root.*
- Terre de Mistral, Cave d'Estezargues, **Côtes-du-Rhône** 2018 France **Organic** £11.75  
*Lovely softness in the mouth with velvety tannins and confit fruits building across the palate, hints of tobacco and leather.*
- Viña Ilusión, **Rioja**, Cidacos Valley 2017 Spain **Organic** £13.00  
*Very flexible food wine with subtle flavours of cassis and summer red fruits leading to a spicy finish.*
- Valpolicella Classico, Corte Lenguin, Veneto 2016 Italy £13.50  
*Soft, elegant tannins and vibrant red cherry fruit. A traditional Valpolicella and all the better for it.*
- Familia Cecchin, Cabernet Sauvignon, Mendoza 2018 Argentina **Organic** £13.50  
*Dark red colour, aromas of currant, dried mint and tobacco leaf.*
- Bardolino** Classico, Raval, Lake Garda, Veneto 2019 Italy **Sustainable** £13.75  
*A joyous, light and fruity red with no pretensions. Serve lightly chilled.*
- Montepulciano d'Abruzzo 'Sirio', San Lorenzo, Abruzzo 2017 Italy **Sustainable** £14.00  
*Full and fruity, with soft velvety tannins; great length.*
- Drink Me, Niepoort, Douro 2018 Portugal **Organic (uncertified)** £14.95  
*A very vivid ruby colour, with ripe blackberry and smooth tannins.*
- Mencia Tinto, Legado de Farro, Bierzo 2014 Spain **Sustainable** £14.95  
*A versatile and fresh red wine with ripe fruit flavours and gentle spice.*
- Cahors (**Malbec**), 'Le Gamotin', Famille Jouffreau 2015 SW France **Sustainable** £15.25  
*Full and fruity with luscious black fruits, gives Argentinian malbecs a run for their money.*
- Chinon 'Les Folies', Johann Spelty, Loire 2013 France **Sustainable** £15.25  
*A spicy, leafy stone-fruit red.*
- Merlot** 'Vigna del Lauro', Coser, Friuli Isonzo 2015 Italy **Sustainable** £15.50  
*An example of how pure and fresh Merlot can be.*

**Red Wine** *continued*

750ml

Dolcetto d'Alba, Bel Colle, Piedmont 2018 Italy <b>Biodynamic (uncertified)</b> <i>Fruity and fragrant, with a hint of almonds, this gets better with every sip.</i>	£15.95
Wingspan Pinot Noir, Woollaston Wines, Nelson 2013 New Zealand <b>Organic (uncertified)</b> <i>A real value alternative to red Burgundy, with plenty of life and flavour.</i>	£16.75
Paestum Rosso 'Bacio-il-cielo' (Primitivo/Barbera/Aglianico) de Conciliis, Campania 2017 Italy <b>Organic (uncertified)</b> <i>Impress your friends with this jazzy vino rosso. The name means Kiss the sky!</i>	£17.00
A.A.Badenhorst 'Secatuers' Red Blend, <b>Stellenbosch</b> 2015 South Africa <i>Beautiful texture, fine tannins, supple and smooth. Blend of Shiraz, Cinsault and Grenache.</i>	£17.50
Château Franc-Cardinal, Côtes de <b>Bordeaux</b> 2011 France, <b>Organic</b> <i>Plush and soft wine with elegant tannins that can age for a period that belies its modest price tag.</i>	£18.00
Syrah d'Ogier, Michel et Stéphane Ogier, Rhone 2017 France <b>Sustainable</b> <i>Violets, blackcurrants and hints of spice. A brilliant 'smart casual' wine.</i>	£18.50
Zweigelt, Josef Ehmoser, Wagram 2016 Austria <b>Sustainable</b> <i>Austrian Pinot Noir imposter. Ripe, gentle tannins and touch of spice.</i>	£19.75
Soif de Plaisir, Le Clot de l'Origine, Roussillon 2014 France <b>Biodynamic</b> <i>Un-fined. Unfiltered. Hand bottled. Low sulphites (21mg/litre). Spontaneous ferment.</i>	£21.00
Chianti Classico, Villa del Cigliano, Tuscany 2016 Italy <b>Organic (uncertified)</b> <i>Old-school, Sangiovese charmer.</i>	£21.00
Château Guibeaup, Puisseguin-Saint-Emilion, Bordeaux 2014 France <b>Organic</b> <i>Full and fruity, gently spiced, soft velvety tannins; great value Claret.</i>	£21.50
Morgon 'Les Charmes', Chateau La Grange Cochard, Beaujolais 2014 France <b>Organic</b> <i>Richly fruited, silky and harmonious, very elegant and displays gorgeous fruit.</i>	£22.50
Cotes du Jura Poulsard, Domaine Pignier, Jura 2014 France <b>Biodynamic</b> <i>The palest and prettiest of reds 10.5%</i>	£23.00
Ancre Hill, Pinot Noir, Monmouth 2018 Wales <b>Biodynamic</b> <i>Light but intense – fragrant strawberries and cherries merge with liquorice and sweet spice.</i>	£23.50
Naoussa, <b>Xinomavro</b> , Dalamara Winery 2017 Greece, <b>Biodynamic</b> <i>100% Xinomavro, which is often compared to Nebbiolo for its light colour, high acidity and fine tannin.</i>	£25.00
'Hochar', Château Musar, Bekaa Valley 2013 Lebanon <b>Organic</b> <i>As warm and complex as Lebanon itself.</i>	£28.00
Savigny-lès-Beaune, Domaine Serrigny, Burgundy 2012 France <b>Sustainable</b> <i>A subtle, elegant intro to the wines of Burgundy. The mouth is round and well balanced.</i>	£29.00
'Saintayme' by Denis Durantou, St.Emilion Grand Cru, <b>Bordeaux</b> 2014 France <i>Richly sweet fruit, really ripe, sweet cassis. Gorgeously exuberant.</i>	£30.00
Barolo 'Simposio', Bel Colle, Piedmont 2015 Italy <b>Biodynamic (uncertified)</b> <i>Dried cranberry, blood orange, clove and a hint of iron, alongside tightly wound, close-grained tannins.</i>	£33.00
Châteauneuf-du-Pape 'Les Vieilles Vignes', Domaine de Villeneuve 2011 <b>Biodynamic</b> <i>An elegant take on this Southern French classic. The Wallut family's oldest vines are 100 years old.</i>	£35.00

**Prices and vintages are subject to change, correct on a date printed 07/11/2020.**